

## **Supervised Injection Therapy Techniques – CLINICAL SUPERVISION**

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Clinical supervision is a vital component of the module and essential to your development of confidence and competence in performing the application of injection therapy. The following guidelines should help you to locate a suitable supervisor (or supervisors).

### **Please read this carefully**

- It is your responsibility to arrange your own clinical supervision although we shall be pleased to advise you in support of this wherever possible.
- It is important that your supervisor is aware of what will be required of them before agreeing to act in that role.
- The clinical situation in which you are being supervised should allow for you to assess patients to be able to reach a diagnosis and recommend that injection therapy is the treatment of choice, prior to discussion with the supervisor. It is accepted that injection therapy may not always be appropriate following those discussions in light of the collaborative clinical reasoning process.
- Throughout the module recommendations for drugs and dosages of injectable steroid and local anaesthetic will be given, to form the basis of the suggested approach to apply in clinical practice. These may vary from those usually applied by supervisors in their own clinical practice and their cooperation to comply wherever possible with the suggested dosages and volumes is sought during the training process. Where clinical reasoning draws the practitioner to conclude otherwise, this should be recorded clearly on the injection record.
- Your supervisor(s) can be doctors and/or physiotherapists but they must meet the following criteria and be able to provide the required evidence before your attendance on Unit 1:
  - Have a minimum of 3 years injection experience
  - Be practising in the UK, and registered with the relevant body (GMC if a doctor, or CSP and HPC if a physiotherapist)
  - Be undertaking a minimum of 50 injections annually
  - Be able to legally supply and administer POMs and have provision to obtain necessary drugs for the supervised student within the PGD agreement
  - Have agreement to provide supervision from the employing Trust

## **THE INJECTIONS**

During the inter-unit period **at least 10 supervised injections** must be carried out. These should include:

- At least three different joint/bursa injections
- At least two different soft tissue injections
- At least one tendon in a sheath or a carpal tunnel injection
- The remaining injections may be determined by availability, but as broad a spread of techniques as possible should be performed.

A record is to be kept of **all** injections performed on the proformas provided. The supervising doctor will sign this. Additional notes should supplement this although these should be anonymised to protect patient confidentiality. An evaluation of each injection you administer should be included within your professional portfolio.

**NB: At least 10 supervised injections must be completed before attendance on the second module. If you are unable to achieve this, students will not be eligible to attend Unit 2 and take the final examination, and will be deferred until all inter-modular work, including the case study, is complete.**

## STATEMENT FROM CLINICAL SUPERVISOR

I have read and understood the guidelines overleaf and agree to supervise:

.....  
*(Name of student)*

during the inter-unit period of the SOM Diploma in Theory and Practice of Injection Therapy.

As a supervisor I understand that I must meet the relevant criteria below and if required, provide evidence in support of this and I have signed below to confirm this.

Doctor Supervision	Physiotherapist Supervision
1. Must have a minimum of 3 years injection experience	Must have a minimum of 3 years post qualification injection experience evidenced by injection diploma certification.  <b>Please provide copy certification</b> <input type="checkbox"/>
2. Must be a medical practitioner, registered in the UK with the General Medical Council	Must be CSP and HPC registered and practising in the UK
3. Must be undertaking a minimum of 50 injections annually	Must be undertaking a minimum of 50 injections annually.
4. Must have an interest and experience in the use of injections in the management of musculoskeletal conditions	Must be able to legally supply and administer POMs and have provision to obtain necessary drugs for supervised student within the PGD agreement.
5.	Must have agreement to provide supervision from employing Trust
I can confirm that I meet all the above criteria and are eligible and willing to provide supervision for the above named student.  Signed:  Print name:  Authenticating Stamp:	I can confirm that I meet all the above criteria and are eligible and willing to provide supervision for the above named student and have enclosed certification as requested.  Signed:  Print name:  Authenticating Stamp:

**Please return completed form to:**

David Locke, Courses Administrator, SOM, 4<sup>th</sup> Floor, 151 Dale Street, Liverpool, L2 2AH  
 Or fax to: 0151 237 3971